



# STRENGTHENING OKLAHOMA FAMILIES

## EXTENSION

## Family and Consumer Science News

### OK County Monthly News

### Oklahoma Home & Community Education

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#### CALENDAR OF ACTIVITIES

- April 5, 2022-7:00pm** OHCE Virtual Spring Event
- Apr 21, 2022** Articles due to Newsletter Editor
- April 28, 2022 9:30am** Leader Lesson, "Enhance Your Photography Skills", Shirley Burnett, Cleveland County OHCE Member, Extension Conference Center
- April 28, 2022** OHCE Executive Board Meeting, 15 minutes following Leader Lesson
- May 1-7** OHCE Week
- May 6 9:30** Decorate for Spring Achievement Luncheon, Extension Conference Center
- May 6 11:30am** OHCE Achievement Luncheon

**Thought for The Day:** The best way to cheer yourself is to try to cheer somebody else up. -Mark Twain

**DEADLINE FOR May 2022  
NEWSLETTER  
Apr 21, 2022**

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<https://extension.okstate.edu/oklahoma>

#### Website for OHCE:

[ohce.okstate.edu](http://ohce.okstate.edu)

#### Website for Genealogy

**Group:** [www.ohcegenealogy.com](http://www.ohcegenealogy.com)

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## PRESIDENT'S COLUMN

With March being Women's History Month I want to say Thank You to all the women who have touched my life. Having been a member of OHCE for 37 years I have admired and learned from many women in our organization over the years. Many have passed on but I still think of them often. I catch myself doing or sharing what I learned from these ladies. I want to thank the young women who have been in my life. I hope I touched your life and you go forward and make history as you go forward. Please honor yourself this month as I know you have inspired someone in your life.

Can't believe it is almost April and spring is just around the corner. I have not gotten in the flower beds yet! Mr. Winter just keeps hanging around, hopefully he will be on his way soon, and we can get our April Showers that are much needed, and we will be able to see Mother Nature come to life. Just like spring coming to life I'm excited to see how our OHCE groups and organization will come to life. I know we are still trying to get reorganized, and our meetings are having more in attendance.

In this newsletter I have an update from the recent SE District meeting. One of the items that I had in my presidents meeting was a new proposal from the State By-Laws Committee. This article will be coming up for a vote at the state meeting in July. We will need to discuss and vote at the May committee meeting on how you want your county officers to vote on the article. You will find the article in the newsletter.

If you are not receiving a State Outreach Newsletter, please let Lisa know so that we can get this to you.

Looking forward to great things in 2022!

Gayla Mosteller  
OK County OHCE President



### ***Memorial Service for Deceased Members***

by Jan Beattie

I still need additional photos for **Betty Kill** from the Cardinal group. Thanks for the photos and information already submitted to me.

I could also use additional photos for **Evelyn Gianfillipo** from Las Amigas/Will Rogers group, **Theresa Terry** from Solider Creek and **Evelyn Harris** from Modern Homemakers.

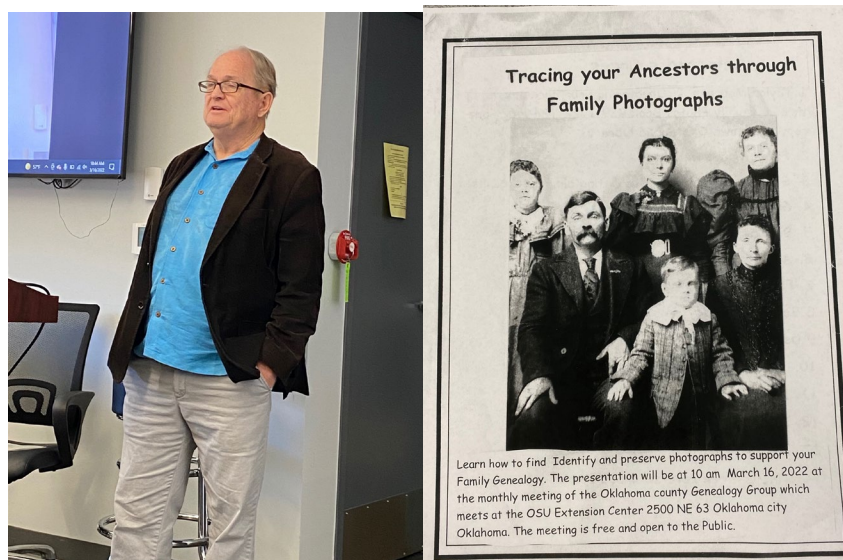
If groups lose additional members, please let me know so we can remember them at the next Memorial Service. Please email information or photos to me at [jankb80@sbcglobal.net](mailto:jankb80@sbcglobal.net).

## Genealogy Group By Kathy Fetters

Six members of the Genealogy Group traveled to Ardmore on March 8th for the SE District meeting. A delicious meal was catered by Swadley's BBQ and lively entertainment was provided by Pake McEntire, brother to Reba McEntire. The workshops ranged from Code Talkers of WWI to Quilting to Glass Flower Yard Art and much more. Of course, it also included workshops for the various officers. Our group provide two baskets for the auction, and were pleased that our basket of genealogy materials sold for the highest bid at the auction. Members contributed the materials and President Jan Beattie provided her own artistic ability in making it into a beautifully appealing arrangement. Our own secretary, Libby Hayes, sent a basket of her famous Gingersnaps and they were snatched up quickly.

Our regular meeting was held on Wednesday, March 16th, at the Extension Center. We had 13 members in attendance in person and one joining us via ZOOM. Following our salute to the flags, President Jan Beattie read her Genealogy Quick Tip for March. In honor of St Patrick's Day, it was "Tips for Researching Irish Ancestors", and can be found on our website: [ohcegenealogy.com](http://ohcegenealogy.com). As part of our business meeting, Jan reminded members that the 2022 RootsTech video's were available on the Family Search website and featured hundreds of videos on many, many topics by well known and national speakers. The video's should remain available for a year. Also, the Oklahoma Genealogical Society Spring Seminar is coming up on April 31 and May 1. The featured speaker is Christine Cohen and cost is \$40 for members, \$45 for non-members. This seminar will be entirely on-line and registration is through the Oklahoma Genealogical Society website.

Member Jerry Geurin gave a presentation on photographs, displaying some pictures of his own distant relatives that he found by searching on the internet. A handout listed many sites where you could search for your family photographs. He also recommended a book by Maureen Taylor, "Uncovering Your Ancestry Through Family Photos". It shows the different styles of clothes, hair, backdrops, accessories, etc. through the years to help you identify the approximate time a photo was taken. Next month we will host member Sidney Clinton Holt for his presentation of "Holt Family Lore" on April 20th at the Extension Center following our business meeting.



Member Jerry Geurin Presented Tracing Your Ancestors through Family Photographs

## **Bits and Bytes** **By Kathy Fetters**

The Bits and Bytes Computer group met via ZOOM on February 28th. We had 9 members present. Bill James, member and instructor had provided a handout about doing web and windows searches, popular search engines and how to change you default search engine. Members presented some scenarios about problems they had been having and Bill explained about file manager: what it is, where it is, how to organize within it and how you can personalize it. He also went over the ways you can save a file so it can be located easily or saved to your desktop. He also stated that some updates were already coming out for Windows 11.

As usual, there was new information, and he went over some things as a refresher. Our group will be meeting via ZOOM all year and we invite anyone who is interested to contact Pat Smith at pmsmithokc@gmail.com for a link to our meeting. Our next meeting will be March 28th at 1:30 p.m. via ZOOM.

### **LEADERSHIP MOMENT: Encouragement** **by Jan Bohannon**

James Clear, in his best-selling book, Atomic Habits offers this quote:

"If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves not because you don't want to change but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems." Mr. Clear is so right! Perhaps it's time to review some of our systems. A good leader offers encouragement to others. If there's one thing our world could use, it's definitely encouragement. For example, receiving a hand-written note of encouragement in the mail means so much. I have good intentions, but sometimes I'm not so good at follow through. A good system would be to have a basket filled with notecards, postage stamps, stickers and my address book. When the idea strikes me to send a note of encouragement, I'll grab my system, I mean my basket, and then I'll write that note! What systems in your life need to be put in place or shored up? Being a good leader, takes effort, but isn't it worth it? Aren't others worth it?

### **SOCIAL COMMITTEE UPDATES** **by Jan Bohannon**

A special shout out to Kathryn Wells, Connie Graham, Pat Smith, Ginny Meek and Valerie DeBoer for serving on the 2022 Social Committee. Our committee serves a light lunch to the OHCE committee members following their meetings at the Extension Center. These meetings usually occur once a month at the Extension Center. We also have an important role with the Spring Awards Luncheon and the Christmas Holiday Luncheon. Food is important and who doesn't like to eat? Thank you special ladies for your team spirit and your "can-do" attitudes!

### **OHCE Achievement Luncheon** **by Jan Bohannon**

Please mark your calendars for 11:30 am, Friday, May 06, for this annual event! It's been a looonng two years since we've been able to have this. Our theme is, "April Showers Bring May Flowers" and each OHCE Group is to decorate their own table. We will have a judging contest for the best decorated table! We did that at our Christmas Holiday Luncheon last December and it was a lot of fun! Everyone bring Finger Foods. We will have a great time as we congratulate the achievements of one another! *NOTE: Group Presidents, please contact Jan Bohannon at 405.408.5393, by May 01, with an estimated head count so the Social Committee can plan accordingly. See you there!*

## **OHCE WEEK MAY 1st-7th**

Is your group planning anything special for OHCE Week? Over the years, we have done many projects including volunteer at the Symphony Show Home, displays at public libraries and offered healthy living workshops. As always, the county commissioners will have a reading of the proclamation at the courthouse and the Spring awards luncheon will be held on May 6th. There is an award given at the state OHCE meeting for the best OHCE Week Report Book that is submitted. Contact Lisa if you have ideas for a project during this week of celebrating OHCE!

## **THANK YOU SILENT AUCTION DONORS!**

The silent auction at the SE District OHCE meeting in Ardmore was a big success! Thank you to the Oklahoma County groups and members listed below for donating items that raised \$455 of the \$1636 total.

**Genealogy group, NW Seekers/Council Grove, Modern Homemakers, 3 E's/Soldier Creek, Gayla Mosteller, Libby Hays, and Rachel Morse.**



**OHCE Genealogy Group Basket which brought in  
The highest bid**

**SE District Meeting  
Gayla Mosteller**

The 2022 SE District meeting was held in Ardmore, Ok on March 8. Oklahoma County OHCE had 13 members and our educator in attendance. There were 19 different workshops to choose from; hands on quilt project, disappearing quilt blocks, glass flower yard art and grant writing, were just a few of the workshops. Looking forward to some of our members sharing what they learned.

I want to thank each of the groups for donating baskets to the SE District Silent Auction. There were a lot of great baskets donated by Cleveland, Garvin, McClain and Oklahoma Counties, a total of \$1,636.00 was collected. Several members will be attending planning meetings for 2023 with the hosting counties. If you have workshop ideas, presenters' recommendations or would like to work on one of the committees please let myself or Lisa know.

**MARK YOUR CALENDARS, MARCH 7, 2023, SE DISTRICT MEETING**



Keisha Scott from 3 E's/Soldier Creek



Oklahoma County President, Gayla Mosteller in the lunch line catered by Swadley's Barbecue.



Vicky Sharp, NW Seekers/Council Grove member checking the list of silent auction winners



Lunch at SE District Meeting





Pictures of Lunch at the SE District Meeting and Entertainment was Reba McEntire's brother Pake McEntire

## **VOLUNTEERS NEEDED – 2023 SE DISTRICT PLANNING COMMITTEE**

The 4 host counties for the 2023 SE district meeting met on March 23rd and voted to have the conference at the First Baptist Church in Moore. It's located at I35 and 27th Street. We will be taking a **tour of the facility on Tuesday, March 29th** for anyone interested in riding with Lisa. Oklahoma County will be responsible for the breakfast served at the meeting; **thank you Jan Bohannon** for chairing this committee! She will need volunteers to assist, so please contact her.

We will also need to find donations for the goodie bags each participant receives at the meeting. Some suggestions include pens, notepads, magnets, etc. Check with your insurance agent, bank or doctor's office. Many businesses have promotional items they are willing to give. The **next meeting of the planning committee is Monday, May 23rd, 1:00, at the Cleveland County Extension office.** Please contact Lisa if you would like to attend. Thank you to Sue Hart for volunteering to be the secretary of the planning committee. Her minutes will keep the group on track!

## **VETERANS ITEMS FOR MARCH**

- Combs
- Deodorant
- Razors
- Shaving Cream

## 2022 OHCE BY-LAWS COMMITTEE

The OHCE By-Laws Committee is proposing a change for our By-Laws to be voted on at the state meeting in July 2022. Each county president should bring this change to their voting delegates at their council meeting to be approved. To be in compliance with OSU and the federal government each county should make this change in their county by-laws. Several by-law changes were made at the state OHCE meeting in July 2021. The state committee urges each county By-Laws Committee meet to see if their by-laws are in compliance with the state by-laws. If not, it would be the time to bring them up to date and approved by your county delegates.

### Article III – Membership

**SECTION 1.** The membership of the Oklahoma Home and Community Education, Incorporated, shall consist of all county organizations for Home and Community Education whose membership support and advance its objectives and whose bylaws do not conflict with those of the parent organization. The Oklahoma Home and Community Education, Incorporated does not discriminate by gender, race, color, age, disability, religion, national origin, economic circumstance or status as a veteran in any of its policies, practices or procedures.

### Proposed Change:

**SECTION 1.** The membership of the Oklahoma Home and Community Education, Incorporated, shall consist of all county organizations for Home and Community Education whose membership support and advance its objectives and whose bylaws do not conflict with those of the parent organization. The Oklahoma Home and Community Education, Incorporated does not discriminate based on race, religion, age, sex, color, national origin, marital status, sexual orientation, gender identity/expression, disability, or veteran status in any of its policies, practices or procedures.

### OHCE By-Laws Committee

Shella Ely, Chairman, Jerri Faulkner, Kelly Bachler, Nancy Oglesby

Photo by Arjan Stalpers, Unsplash



# Hop into Spring

Tuesday, April 5, 7pm  
a Virtual OHCE event on Zoom

Backyard Photography with Outdoor Oklahoma Magazine  
Craft - Garden Plate Art  
Recipe - Deviled Egg Chicks  
Garden - Succulents!  
Register at [www.bit.ly/OHCEspring](http://www.bit.ly/OHCEspring)

## Backyard Photography!



Scan to register.

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# MAKE PLANS TO ATTEND



## Grand Opening Tuesday, May 3, 2022 4:00 – 7:00 p.m.

The Eastside Fresh Market will serve as a food access hub for Northeast Oklahoma City and create new opportunities for NE OKC farmers and other Oklahoma City area food producers.

**MARKET SEASON:** Tuesday, May 3rd, 2022 through Tuesday, November 1st, 2022

**MARKET DAYS:** Open every Tuesday 4:00 – 7:00 p.m.

On the NE Regional Health & Wellness Campus – 2500 NE 63rd Street, Oklahoma City, OK 73111

**FEATURING:** Fresh produce, flowers, farming and gardening education, recipes and nutrition information, cooking demonstrations, entertainment, family-friendly fun activities and MORE!

**FOR MORE INFORMATION AND UPDATES:**

Like us on Facebook @eastsidefreshmarket or on Instagram @eastsidefreshmarketok

**WE ARE CURRENTLY SEEKING:**  
vegetable, fruit, meat, egg, dairy and plant producers.



Become a vendor by scanning the QR code!

**Producer Annual Participation Special:**

**WEEKLY:** \$10 per week

**ANNUAL:** \$210 (A 25% discount)

For questions or more information, contact Angel Douglas, Market Manager,  
at [Angel.Douglas@okstate.edu](mailto:Angel.Douglas@okstate.edu) or call 405-713-1125.

 National Institute of Food and Agriculture  
U.S. DEPARTMENT OF AGRICULTURE

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